

**CAB Conference Call  
December 22, 2011  
12:00 EST  
Meeting Minutes**

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**Participants:**

|                 |                                         |
|-----------------|-----------------------------------------|
| <b>Deangelo</b> | University of Jacksonville              |
| <b>Emily</b>    | FSTRF                                   |
| <b>Julie</b>    | Westat                                  |
| <b>Kimbrae</b>  | Texas Children's Hospital               |
| <b>Laurie</b>   | FSTRF                                   |
| <b>Leslie</b>   | Texas Children's Hospital               |
| <b>Linda</b>    | St. Christopher's Hospital for Children |
| <b>Marilyn</b>  | Bronx - Lebanon                         |
| <b>Megan</b>    | Westat                                  |
| <b>Sherry</b>   | St. Jude Children's Hospital            |

- **APPROVAL OF MINUTES**

The minutes from the November 17, 2011 call were approved with no changes.

- **PHACS CAB EVALUATION SURVEY RESULTS**

Megan from Westat talked about the PHACS CAB Evaluation Survey results. There were no suggested topics. Megan reminded the CAB that there are many suggested topics from previous surveys. Megan will keep presenting the topics on the calls.

- **PHACS WORKING GROUPS**

Megan from Westat talked PHACS Working Groups (WG). At the Fall Network Meeting, the CAB came up with two goals for 2012. One of the goals is to have one CAB member on each WG call. The CAB member can report back to the PHACS CAB with updates from each WG. There is an Adolescent WG, Neurology WG, Maternal Exposures WG, Hearing/Language WG, Cardiopulmonary WG, and Complications WG. The CAB can contact Megan to be placed on a WG. The minutes for the WG can be found on the PHACS website.

- **INVITATION FROM THE PHACS AMP ORAL HEALTH SUBSTUDY PROTOCOL TEAM**

Julie from Westat talked about the PHACS AMP Oral Health Substudy Protocol Team. The PHACS leadership asked for a CAB member to participate on the Oral Health Substudy Protocol Team. The CAB member would participate in protocol team conference calls and give input. Right now, the call are happening almost weekly, but then the calls will be about once a month. The study is looking at oral diseases in perinatally HIV-infected and in HIV-exposed but infected children who are currently participating in the AMP protocol. They are looking at whether there are connections between poor oral health and general HIV health. They are also looking at whether oral health has anything to do with HIV medications and quality of life. Participation in the Oral Health Substudy will include one study visit. There will be an oral exam by a dentist. These exams will include saliva collection and a throat wash. CAB members who are interested in participating on the AMP Oral Health Substudy Protocol team can contact Julie Davidson ([JulieDavidson@westat.com](mailto:JulieDavidson@westat.com)).

- **NEWSLETTER, DECEMBER 2011 EDITION**

Megan talked about the December 2011 edition of the PHACS CAB Newsletter. All PHACS CAB Newsletters can be found on the PHACS website. The theme for this newsletter was adherence. Megan thanked the CAB for their contributions to the newsletter. Julie from Westat added that the Spanish version of newsletter will be sent out when it is available.

- **WORLD AIDS DAY 2011**

Megan talked about World AIDS Day 2011. Megan talked about the International Conference on HIV Stigma at Howard University in Washington, D.C. that she attended. Stigma was talked about as a social opportunistic disease. Speakers encouraged people to make programs that engage the people who stigmatize as well as the stigmatized.

Megan talked about the Stigma Action Network ([www.stigmaactionnetwork.org](http://www.stigmaactionnetwork.org)). This network is a website that has goals of reducing HIV-related stigma and discrimination. It helps people find and share information about HIV stigma. It has a blog and an e-library with over 600 resources on HIV and HIV-related stigma. It also has a link to people and organizations that support the Stigma Action Network.

Marilyn talked about a World AIDS Day event in Bronx-Lebanon.

- **HIV AND ALCOHOL**

Megan talked about an article about HIV and alcohol. The article suggested that drinking too much alcohol can weaken the immune system. A weak immune system can have a harder time fighting off AIDS-related infections. A weak immune system can also increase the chance that people will experience more side effects from their HIV medications.

The organ in the body that alcohol most affects is the liver. The liver is responsible for breaking down and getting rid of waste products from many HIV medications. Check with a pharmacist or doctor about whether alcohol is safe to drink with HIV medications. Julie from Westat added that alcohol and other drugs can affect the ability to make good decisions.

- **OTHER**

Leslie talked about the President's speech about World AIDS Day. Leslie talked about a news story from Hershey, Pennsylvania. An honors student in Hershey, Pennsylvania was not allowed to attend a boarding school due to his HIV status. The school originally told his case manager that his HIV status would not affect his admission to the school. The school told the student that everyone would need to know his HIV status. They also said that they could not be sure that he would not have sex with their students.

**NOTE: The next CAB call will be on Thursday, January 26, 2011 at 12:00 pm EST.**